

# Dr. Ajay Kumar Kushwaha

Nagar panchayat Gangapur ward10 Varanasi

Uttar Pradesh

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## Objective

To work in an environment that encourage me to succeed and grow professionally and where i can utilise my skills and knowledge appropriately

## Experience

- **Abhay College of Commerce and education Munderi Chaubepur Khurd Varanasi** 01/03/2017 - 14/02/2020  
Assistant professor department of psychology
- **Basmati Devi Sanktha Prasad Mahila Mahavidyalaya Khochwani Varanasi** 15/February/2020 - 17/July/2023  
Assistant professor department of psychology
- **Maharaj Balwant Singh PG College Gangapur Varanasi** 18/July/2023 - Till date  
Assistant professor department of psychology

## Education

- **Veer Bahadur Singh Purvanchal University Jaunpur Uttar Pradesh** 2016  
PhD in Psychology
- **VBS Purvanchal University Jaunpur Uttar pardesh** 2005  
Postgraduate in Psychology  
59.6
- **VBS Purvanchal University Jaunpur Uttar pardesh** 2003  
Graduation  
54.00
- **U. P. Board Allhabad** 1999  
Intermediate  
52.8
- **U.P. Board Allhabad** 1997  
High School  
58.33

## Skills

Creative thinking and problem solving skills

Examination management skilled

Cummunication skills

## Publications

• **Widhina me Sanstithi Niyatran ka Manovagyanik Adhyayn**

• **Prayog aur Nirodh ki Sanstithi Niyatran ke Manovagyanik Adhyayn**

Indo Indian ISSN: 0975-1343/2012/V.No.7/P,8-12.

• **Jigyasa A Research journal ISSN0974-7648/2009/V.No.**

• **Widhina Awastha ek manovagyanik Adhyayn**

#### •Quality of life Locus of control and Stress Resistance ability of senior citizens role of rural and urban setting

Indian journal of integrated research and analysis A peer Reviewed refereed journal, ISSN: 2456-2182/v.No1,P/45-49.

#### • Prasthiti Sansthi niyantran awam jeevanguvatta ka tulnatmak Adhyayan

Shod Drishti An International Peer Reviewed refereed research journal,ISSN: 0976-6650,V,No10,P,4-6. Anukriti

#### • Stress Management a conceptual Analysis

An International Peer Reviewed refereed research journal ,ISSN:2250-1193/VNo. /3.1p37-39.

#### • Locus of control:A Conceptual Analysis

Interdisciplinary journal of contemporary Research An International Peer Reviewed refereed research journal.ISSN:2393-8358, Vol.7,No3/P133-134 .

- डिजिटल भारत से डिजिटल इंडिया के प्रत्यय में ग्रामीण पुनर्निर्माण मनोवैज्ञानिक परिप्रेक्ष्य
- शासकीय एवं अशासकीय महाविद्यालय के विद्यार्थियों के समायोजन का मनोवैज्ञानिक अध्ययन

### Interests

- Reading and writing
- Yoga and meditation
- Skill management

### Activities

UPP Entrance exam duty 2024

- CTET Examination Conduct by Observer sation 2018 till date 2025 Online CBT and off line mode

#### **Seminar Co chair person In Seminar**

- Co - Chartered the Scientific Session National seminar on Psychology & Society To day: Issues, Challenging & Interventions 17-18 March 2023, Sponsored by: Department of Higher Education, Government of U.P. Dept of psychology M.G.K.V.P. Varanasi.

### Participated in Seminar and paper presentation

- National conference on Psychology and Society: contemporary issues and international 26 - 27 November, 2016, Dept of Psychology Paper presented entitled "Quality of life stress resising ability of senior citizene role of rural and urban settings"
- International conference on Recent Advances in Cognitive and Health January 23-24, 2012 Department of psychology Banaras Hindu University, Varanasi-221005 Presented paper entitled " Quality of life"
- National workshop on Application of information technology in counselling and guidance ( UGC ) Sponsored 23&24 (2010) October Department of psychology Harish Chandra P.G.College, Varanasi.
- National seminar on politicization of Higher Education & Empowerment of women November 20-21, 2010. Presented paper entitled Uchchshiksha ke madhyam se mahilo ke sasktikarn ka ek manovagyanik vishlesan. Dept of Sociology R M P G College Mirzapur.
- National seminar on New socio- Economic context and marriage, Family & Kinship: Concept & Form 29-30 September ,2007. Presented paper entitled Vridhho ka parivarik pristbhum me manovagyanik prasthiti v samayojan ki bhumika.
- National workshop on Research methodology in art and social sciences 2004 Organised by Dept of Psychology A.K .P. G. College Varanasi.
- Two day 01to 02 March (2025 ). National seminar Rural India in the 21 Century Reconstruction and transformation organize by M.B.S.P.G.College Gangapur Varanasi .

### Examination Examiner

- Examiner in Evaluation M.G.K.V.P Varanasi NEP sation (2023,2024,2025 till date ) B.A.Odd & Even Semester Class .
- Examiner in Evaluation Other University VBS Purvanchal Jaunpur Uttar Pradesh NEP B.A. sation 2023,2024,& 2025 Semester Class
- Practical Examinor in Other College continues Setion NEP B.A. Odd and Even Semester ,2023, 2024, & 2025.

- **Resource person**

## Dissertation

### P.G . NEP Sation 2023 to 2025

- ग्रामीण शिक्षित एवं किशोर एवं किशोरियों के मानसिक स्वास्थ्य का मनोवैज्ञानिक अध्ययन।
- महाविद्यालय के शिक्षक एवं शिक्षिकाओं के कार्य संतुष्टि का मनोवैज्ञानिक अध्ययन।
- पंडित शांति भूषण पीo जीo कॉलेज के स्नातक की छात्राओं के विषाद स्तर का मनोवैज्ञानिक अध्ययन ।
- बलोई क्षेत्र में कृषि कार्य में कार्यरत महिलाओं के विषाद स्तर का मनोवैज्ञानिक अध्ययन।
- उच्च माध्यमिक स्तर पर अध्ययनरत विद्यार्थियों के समायोजन का मनोवैज्ञानिक अध्ययन।
- ग्रामीण क्षेत्र में स्थित कार्यरत शिक्षकों को अपने व्यवसाय के प्रति व्यावसायिक संतुष्टि का मनोवैज्ञानिक अध्ययन ।
- ग्रामीण किशोर एवं किशोरियों के मानसिक स्वास्थ्य का मनोवैज्ञानिक अध्ययन।
- महाविद्यालय के शिक्षक एवं शिक्षिकाओं के कार्य संतुष्टि का मनोवैज्ञानिक अध्ययन।

## Personal Details

- Date of Birth : 09/07/1982
- Marital Status : Married
- Nationality : Indian
- Religion : Hindu
- Gender : Male
- Place : Nagar Panchayat Gangapur Varanasi Uttar Pradesh
- Father Name : Babulal kushwaha

## Reference

- Prof Rashmi Singh - MGKVP Varanasi  
Professor  
head.psychology@mgkvp.ac.in  
9451003826